



**NHS**

Greater Glasgow  
and Clyde



**wellbeing**  
services south glasgow

# SUPPORT YOUR MENTAL HEALTH

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We offer psychological therapies to people aged 18+ with a GP in the South of Glasgow. Take a look at our website or give our team a call to get started on your wellbeing journey today.

[www.wellbeing-glasgow.org.uk](http://www.wellbeing-glasgow.org.uk)



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